

Ah-Ha

GREAT HARVEST BREAD CO.

208 RIDGELY AVE. ANNAPOLIS, MD 21401 410-268-4662 WWW.GREATHARVESTANNAPOLIS@GMAIL.COM

WHEAT (GLUTEN) FREE FACT SHEET

In order for you to make the best decision possible as to whether our wheat free products will work for you, we have gathered info that should be helpful. If this info is not clear to you, be sure to ask us for more. If you have any hesitancies about our product and your allergy, we encourage you to refrain from consuming our products. Our products will <u>not</u> work for those medically diagnosed with celiac.

First and foremost, please know <u>that our wheat free products</u> <u>are NOT made in a dedicated wheat free facility.</u> There is always wheat dust in the air and there is always a possibility, however small, for cross contamination.

Below are the ingredients in each of the products that we make:

HARVEST BUCKWHEAT BROWN RICE BREAD - Buckwheat flour, brown rice flour, tapioca flour, cornstarch, xanthan gum, fresh yeast, buttermilk, eggs, honey, butter, distilled vinegar (cinnamon chips or sunflower, sesame, millet & pumpkin seeds)

BROWN RICE PUMPKIN (BANANA) MUFFIN - Pumpkin, (banana) vanilla, egg, canola oil, brown rice flour, tapioca flour, white sugar, spice mix, baking soda, baking powder, salt, (chocolate chips).

MONSTER COOKIE - Oats (<u>NOT</u> gluten free), peanut butter, M&Ms, eggs, brown sugar, white sugar, butter, baking soda.

THANK YOU FOR READING!



Ah-Ha

GREAT HARVEST BREAD CO.

208 RIDGELY AVE. ANNAPOLIS, MD 21401 410-268-4662 WWW.GREATHARVESTANNAPOLIS@GMAIL.COM

WHEAT (GLUTEN) FREE FACT SHEET

In order for you to make the best decision possible as to whether our wheat free products will work for you, we have gathered info that should be helpful. If this info is not clear to you, be sure to ask us for more. If you have any hesitancies about our product and your allergy, we encourage you to refrain from consuming our products. Our products will <u>not</u> work for those medically diagnosed with celiac.

First and foremost, please know <u>that our wheat free products</u> <u>are NOT made in a dedicated wheat free facility.</u> There is always wheat dust in the air and there is always a possibility, however small, for cross contamination.

Below are the ingredients in each of the products that we make:

HARVEST BUCKWHEAT BROWN RICE BREAD - Buckwheat flour, brown rice flour, tapioca flour, cornstarch, xanthan gum, fresh yeast, buttermilk, eggs, honey, butter, distilled vinegar (cinnamon chips or sunflower, sesame, millet & pumpkin seeds)

BROWN RICE PUMPKIN (BANANA) MUFFIN - Pumpkin, (banana), vanilla, egg, canola oil, brown rice flour, tapioca flour, white sugar, spice mix, baking soda, baking powder, salt, (chocolate chips).

MONSTER COOKIE - Oats (<u>NOT</u> gluten free), peanut butter, M&Ms, eggs, brown sugar, white sugar, butter, baking soda.

THANK YOU FOR READING!